



## FAMILY CHURCH WORSHIP PLAN

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.

### OIKOS EVANGELISM LIST

“... Pray, but ask God to open a door for us to preach, that we may tell the mystery of Christ...” [Colossians 4:3]

	NAME	RELATIONSHIP	METHOD OF CONDUCTION	SPIRITUAL LEVEL	NOTE
1					
2					
3					
4					

Level 1) able to commit    Level 2) open to the Gospel    Level 3) open to Evangelists  
Level 4) knows about Christianity but is negative    Level 5) don't know anything about Christianity

### PRAYER FOR HOUSE CHURCH

“...If two of you agree about anything, it will be done for them by my Father in heaven” [Matthew 18:19]

	NAME	PRAYER REQUEST
1		
2		
3		
4		
5		
6		

### PRAYER FOR THE CHURCH

1. For Pastor, Paul Gihong Han's ministry, health, and family
2. For missionaries' GMI ministry, health, and families
3. For church and ministries/events
  - The 4th Thousand days Special Early Morning Prayer Meeting
  - Shepherd's Revival Night(11/25)
  - GTD #210(Women's. 11/30~12/3, Rector: Cho, EunJoo)
  - Home Church Shepherd Appointment Ceremony (11/30)



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### Family church worship plan 2025. 11. 23

#### 4th Week of November: Gratitude Changes Your Life (Ephesians 5:20)

##### ■ Welcome

If there's a food or person that comes to mind when it rains, let's share it together. Also, let's share one of the gracious things we received through last week's Grace Time.

##### ■ Text: Ephesians 5:20

In all things, always give thanks to God the Father in the name of our Lord Jesus Christ.

##### ■ Introduction

Paul says, "Give thanks in all circumstances; always give thanks." Yet human nature is more accustomed to complaint than gratitude. We see what we lack before we see what we have received. Even when given ten things, our hearts are stolen by the one we did not receive. So, it is easier to voice dissatisfaction than to give thanks.

Therefore, to give thanks in all things always, we must consciously seek out gratitude. Gratitude is like a treasure hunt—it remains hidden unless we seek it. Yet if we shift our gaze just a little, we find far more reasons to be thankful than we realize. Even in small things, we must discern God's hand in what He has given us now. That is when gratitude begins. The moment we seek gratitude, our perspective changes; once we start giving thanks, the direction of our lives shifts.

##### ■ Observation Question: How does gratitude change our lives?

#### Answer 1. Our relationship with God deepens.

Gratitude is not merely a word but an expression of faith acknowledging God's goodness. When we give thanks, our hearts are not lifted up but humbled, and with that humbled heart we draw nearer to God.

(Psalm 100:4) **"Enter His gates with thanksgiving and His courts with praise. Give thanks to Him and bless His name."**

Gratitude is the key that opens the door to approach God. The life of a grateful person deepens in worship and comes alive in prayer. The more we give thanks, the more intimate our fellowship with God becomes.



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Moreover, gratitude is the wind that lifts the soul. When an eagle soars through the sky, it does not flap its wings with great effort. The reason is that it rides the wind. A heart of gratitude is the spiritual wind that lifts our relationship with God. Therefore, the grateful person does not live the life of faith by their own strength. They ride the wind of gratitude and ascend to the place of God's presence and blessing.

The opposite of gratitude is complaint. Complaint makes us forget God's goodness and ultimately distances us from Him. The Israelites, delivered from Egypt by God's grace, began complaining as soon as they entered the wilderness. Their complaints never ceased, and in the end, they died in the wilderness, having forgotten God's goodness. Complaint is the path to spiritual ruin.

### ✿ Application Question 1

1) Share with each other whether your words express more gratitude or more complaints.

### Answer 2. Heaven is built upon a grateful heart.

Gratitude has the power above all to transform us, bringing heaven into our hearts. Even when circumstances remain unchanged, the grateful person's heart changes, and joy and peace take root within.

(Psalm 16:11) **"You make known to me the path of life; in Your presence is fullness of joy; at Your right hand are pleasures forevermore."**

When we begin to give thanks and praise in faith, even before our circumstances change, the Holy Spirit within us creates heaven in our hearts. When we give thanks, the Holy Spirit renews our minds and opens the door of our souls, pouring in the peace and joy of heaven.

One study found that when people habitually recorded three things to be thankful for each day, their happiness and life satisfaction significantly increased. Gratitude is not merely an emotion; it has the power to change the structure of the heart and brain—that is, to transform one's inner state.

### ✿ Application Question 2

1) If there are traces in your life where expressions of gratitude and prayers flowed forth despite circumstances that seemed ungrateful, please share them.

### Answer 3. Gratitude keeps me healthy.

Gratitude is not merely an attitude of the heart. Gratitude is a healing power that revitalizes the entire body and soul. A grateful person has a bright heart and a healthy body. Gratitude is truly a blessed habit that enhances our physical and mental well-being. (Proverbs 17:22) **"A joyful heart is good medicine, but a crushed spirit dries up the bones."**



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① Gratitude boosts immunity / ② Gratitude lowers stress ③ Gratitude builds resilience / ④ Gratitude deepens sleep / ⑤ Gratitude stabilizes blood pressure and heart health

### ✿ Application Question 3

1) If gratitude has grown cold in your life recently, share the reasons why and discuss together how to restore it.

### Answer 4. Gratitude changes relationships.

For the church, the body of Christ, to achieve peace, a heart of gratitude toward one another is necessary. Gratitude is the spiritual bond that unites the community. Sincere gratitude builds trust and creates the strength to sustain love.

In *How to Win Friends and Influence People*, Dale Carnegie states this as the '**Golden Rule of Human Relations**': **"Give honest, sincere appreciation."** He emphasizes that the most powerful force that moves people's hearts is "gratitude." True gratitude acknowledges the other person's value and remembers the specific reasons they have contributed to your life. Forced gratitude has no power, but sincere gratitude moves people's hearts. Furthermore, gratitude is not waiting; it is beginning. Start with gratitude first. That gratitude will someday return as an echo of grace.

### ✿ Application Question 4

1) If living a life of gratitude has led to unexpected restoration in relationships or fruitfulness, please share your experiences.

### Answer 5. Gratitude brings glory to God.

Gratitude is not merely an expression of emotion. It is a confession of faith that testifies to God's grace and an act of worship that gives Him glory.

(2 Corinthians 4:15) **"For everything is for your sake, so that grace, having spread through the thanksgiving of many, may abound to the glory of God."**

Paul says gratitude is a channel through which grace flows, and as a result of that gratitude, glory returns to God. When I confess the grace I have received with gratitude, that gratitude becomes a spark of faith for others and a testimony of grace that sustains the community. Gratitude is not only a response of faith directed toward God, but also a light revealing God's goodness in the world.

[*The Gratitude of One Leprous Man* (Luke 17:11-19)]

### ✿ Application Question 5

1) Express gratitude for the grace God has bestowed upon you throughout the year. Share your heartfelt thanks with your home church family or group members, and practice love by praying together.