

Prayer for Our House Church

"Again, I tell you that if two of you on earth agree about anything you ask for, it will be done for you by my Father in heaven.." [Matthew 18:19]

NO	성명	기도제목

Prayer for Our Oikos Evangelism Contacts

"..And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains." [Colossians,4:3]

NO	대상자명	관계	구체적 전도방법	영적수준	비고

Prayer for Our Church

1) For Our Church Ministries & Upcoming Events

- 8/23–26, Lead GTD 213 (Men)
- 8/29 (Sat), GTD 40th Anniversary Festival
- 9/3–5, EM JAMA Intercessory Prayer Conference
- 9/13 (Sun), Multiethnic Coalition Prayer Meeting, 4 PM

2) For Rev. Gi Hong Han, His Ministry, Health, and Family

- 8/23–26, Spiritual Director for GTD 213 (Men)
- 8/27, Lead the GMU Fall Semester Opening Revival Service
- 9/1–4, Mongolia TD #2

3) For Our Missionaries, GMI Ministry, Health, and Families

- GMI Missionary Candidate Class 16 North America Training (July 6–October 4)



가정교회 보고서

Grace Ministries International (GMI)

Family Worship Guide

8.23.26



fellowship and sharing within the house church

Finding True Rest in a Restless World | Matthew 11:28–30

(28) Whoever trusts in his () will fall, but the righteous will thrive like a green leaf. (29) Whoever brings ruin on their () will inherit only wind, and the fool will be servant to the wise. (30) "The fruit of the righteous is a (), and the one who is wise saves lives.

1. Welcome

“What Is My Way of Relieving Stress or Refreshing Myself?”

Share one grace or blessing you received through Grace Time this past week.

2. Sermon Summary

We all desire a peaceful and restful life. Yet there are times when the worries and pressures of life leave even our hearts unable to rest. Jesus invites us in the midst of our burdens, saying, “Come to me, all you who are weary and burdened, and I will give you rest.” Then how can we experience the true rest that the Lord gives us?

① We [] our burdens to Jesus [].

We carry many burdens—finances, health, our children and family, relationships, and concerns about the future. What matters is not simply what burdens we have, but who we entrust them to. When we are anxious, our worries may only grow heavier. But when we bring them to the Lord, the problems may not disappear immediately, yet the weight of our hearts begins to lift. The best thing we can do is to entrust to the Lord what we cannot handle on our own.

② [] and [] your heart [].

Sometimes our lack of peace comes not from our circumstances but from what is happening within our hearts. Fear, resentment, stubbornness, and comparing ourselves with others can steal our peace. When we let go of what we have been holding onto and embrace a humble heart before the Lord, we can experience true peace that goes beyond our circumstances.

③ [] the [] the Lord has given you [].

True rest does not mean having no responsibilities. It means carrying them with the Lord. In our own strength, we grow weary, but with Him, the burden becomes lighter. God’s calling is not meant to crush us, but to lead us into His grace.

True rest does not mean a life without problems. It means entrusting our burdens to the Lord, keeping our hearts close to Him, and carrying out our calling with Him. Today, let us lay down our burdens, pride, and stubbornness before the Lord and walk with Him. Then we will experience the true rest that only He can give.

3. Discussion

- 1) What spoke to you the most from today’s message, **“Finding True Rest in a Restless World”**?
- 2) What has been taking away your peace lately? Share what you need to entrust to the Lord.
- 3) What practical step do you need to take now to experience the true rest the Lord gives in your walk with Him?

After the discussion, let's spend time in united prayer.