



FAMILY CHURCH WORSHIP PLAN

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.

OIKOS EVANGELISM LIST

“... Pray, but ask God to open a door for us to preach, that we may tell the mystery of Christ...” [Colossians 4:3]

	NAME	RELATIONSHIP	METHOD OF CONDUCTION	SPIRITUAL LEVEL	NOTE
1					
2					
3					
4					

Level 1) able to commit Level 2) open to the Gospel Level 3) open to Evangelists
Level 4) knows about Christianity but is negative Level 5) don't know anything about Christianity

PRAYER FOR HOUSE CHURCH

“...If two of you agree about anything, it will be done for them by my Father in heaven” [Matthew 18:19]

	NAME	PRAYER REQUEST
1		
2		
3		
4		
5		

PRAYER FOR THE CHURCH

- For Pastor, Paul Gihong Han's ministry, health, and family
- For missionaries' GMI ministry, health, and families
- For church and ministries/events
 - The 4th Thousand days Special Early Morning Prayer Meetng
 - Shepherd's Revival Night (June 30)
 - 2026 GMI Missionary Trainee Program in the USA ((7/6~10/4)
 - Gospel Conference for Korean Reunification((7/14~17)
 - Aaron and Hull Intercession Prayer Night & Shepherds' Revival (7/26, 8:00pm)

CellChurch Report



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Family church worship plan 2026. 6. 21

3rd Week of June: A Word for an Age That Has Lost Its Rest — Where Is True Rest Found?(Hebrews 4:1-11)

■ Welcome

What has been occupying my mind the most lately? (Worries, busyness, something enjoyable — anything at all. Let's also share one thing you received through last week's Grace Time.

■ Text: Hebrews 4:1-11

■ Introduction

When we have the rest that God gives, we can be at peace and be happy. Only when we enjoy the rest God gives can we live a blessed life. To enter this rest, God's word must become something we sense and feel in our hearts. Only then can we be obedient to that word — this is a healthy faith. The reason the Israelites heard God's word but did not obey it was that their hearts had become hardened. Therefore, we must always examine our own hearts, so that when we hear God's voice, we respond and obey immediately.

The generation we live in today is an age that has lost its rest, with no peace in life. Rest does not simply mean physical relaxation, but the spiritual rest that God desires to give His people. **Spiritual rest means the rest of salvation we enjoy in Jesus Christ through God's grace, and the peace we enjoy in our relationship with God.** We are living with our eyes set on the eternal rest we will enjoy forever in God's kingdom to come, but God also wants us to enjoy rest here on this earth.

That is why the writer of Hebrews says in chapter 3 not to fail as the Israelites in the wilderness did — hearing the word yet hardening their hearts in unbelief. He also strongly urges us not to lose all our rest by hardening our hearts and refusing to receive God's word, but instead to hold on to Jesus Christ by faith alone and enter into God's rest.

■ Observation Question: How can we obtain true rest?

Answer 1. The word we hear must be united with faith.



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(vv. 1-2) “Therefore, let us fear, lest a promise being left of entering into his rest, any of you should seem to come short of it. For unto us was the gospel preached, as well as unto them: but the word preached did not profit them, not being mixed with faith in them that heard it.”

It says that if we hear the gospel but do not believe, we cannot enter into rest. The wilderness generation of Israel received tremendous grace from God — eating manna sent down from heaven and being kept safe by the pillar of cloud and the pillar of fire. Yet only Joshua and Caleb were able to enter Canaan. This was because the people heard the word but did not respond to it in faith.

(Heb 3:19) “So we see that they could not enter in because of unbelief.”

Here, Canaan speaks of the rest we enjoy in God — the rest of grace that God gives through the victory of faith. The land of Canaan does not simply symbolize heaven; it represents the rest that God has given us to enjoy in Him. It was precisely through living in unbelief, without faith, that the people missed out on this rest they could have enjoyed in God.

God has given us the grace of salvation, and also the promised word of the 66 books of the Old and New Testaments. Yet some people experience and enjoy this word in their lives, while others never enjoy it at all. This is because, when we do not receive God’s word in faith, that promised word is not fulfilled in us.

The word ‘mixed’ (or ‘united’) means ‘blended together, joined as one.’ In other words, when a person hears the word, that word must be joined together with faith — but here it refers to failing to receive the word in faith. It means that although the word was heard, it had no effect on the person at all, as if it were merely information being listened to. So the word must be received in faith and connected to obedience in daily life; only then does that word come to us as life, bringing us to life and letting us enjoy rest.

❁ Application Question 1

1) Is there a word right now in my life that needs to ‘be united with faith’? Let’s share one thing we will do this week to receive that word in faith.

Answer 2. We must understand the true nature of genuine rest

Scripture speaks of rest on several occasions. First, God enjoyed rest on the seventh day of His work of creation. Also, entering the land of Canaan, flowing with milk and honey, was itself a picture of rest. And now, in the present, Jesus Christ bore all our sin, curse, sickness, and poverty on the cross, and through His death on the cross, rest has now been brought to us in Him through faith in Him. And on the last day, we will enjoy eternal rest in the new heaven and new earth, that eternal kingdom. So Hebrews chapter 4 shows us the history of God’s salvation flowing from the rest of creation, to the rest of Canaan, to the rest in Christ, to the eternal rest of the new heaven and new earth.



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(vv. 3-5) “For we which have believed do enter into rest, as he said, As I have sworn in my wrath, if they shall enter into my rest: although the works were finished from the foundation of the world. For he spake in a certain place of the seventh day on this wise, And God did rest the seventh day from all his works. And in this place again, If they shall enter into my rest.”

Here, ‘rest’ (Gk. katapausis) does not mean resting because one is tired, but ‘ceasing, repose, peace’ — the complete satisfaction and peace enjoyed in a state where everything has been perfectly accomplished. However, because of sin, humanity lost this rest. Our relationship with God was broken, and everyone came to live in fear and toil. So there is no rest for anyone who lives apart from God.

❁ Application Question 2

1) Has there been a moment when you actually felt in your own life that true rest comes not from circumstances or conditions but from a relationship with God? Let’s share.

Answer 3. . We must enter into the rest already given to us.

(Verse 10) “For he who has entered His rest has himself also ceased from his works, just as God did from His.”

This tells us that believers enter into this rest which God prepared from the time of creation. True rest is not something enjoyed only in heaven. The moment a person believes in Jesus Christ, they are reconciled to God, and they come to enjoy spiritual rest in God and in Christ.

(Verses 6-8) “Since therefore it remains that some must enter it, and those to whom it was first preached did not enter because of disobedience, 7 again He designates a certain day, saying in David, ‘Today,’ after such a long time, as it has been said: ‘Today, if you will hear His voice, do not harden your hearts.’ 8 For if Joshua had given them rest, then He would not afterward have spoken of another day.”

Israel entered the land of Canaan through Joshua, but that was not the complete rest. The land of Canaan was given only as a shadow pointing to the true rest. There is a greater, eternal rest that God intended to give His people. When the amazing grace of salvation that Jesus—whom God sent to this earth—accomplished on the cross comes upon us, we come to experience true rest.

❁ Application Question 3

1) Why is it that, even though God has already given us rest in Jesus Christ, we still fail to enter into that rest? What will you do specifically this week to enjoy “true rest”?